

The Home of Family Medicine





PRESIDENT'S MESSAGE

As family physicians, we understand the importance of collaboration. Working collaboratively with patients, colleagues and communities is essential to ensure that all people of BC have access to the highest quality of care. The same principle applies to the role of the BC College of Family Physicians (BCCFP) - we can only achieve success in supporting the professional needs of family physicians by effectively engaging and working with others. Through inter-organizational collaboration, we avoid duplication while optimizing our collective expertise and resources.

Over the past year, I have been working closely with the General Practice Services Committee (GPSC) on developing and supporting different models of team-based care that are aligned with the attributes of the Patient's Medical Home (PMH). To support this work, the BCCFP partnered with both the Practice Support Program and UBC Health to develop small group learning modules for team-based care.

In 2016/17 alone, the BCCFP collaborated with more than 20 partner organizations to ensure that the professional perspectives and interests of family physicians were represented. Some of the initiatives on which the BCCFP has collaborated over the past year include: refreshing the Provincial Privileging Dictionary for Family Practice; engaging provincial stakeholders in a dialogue about opioid prescribing and education; supporting practice-based quality improvement; the Clinician Quality Academy; advising on CPD; the QI HUB; Primary Health Care Research; and Physician Peer Mentorship and Coaching. The new [Strategic Plan 2017-2020](#) (on the back of this report) continues to highlight collaborative relationships as one of the BCCFP's core values.

It has been a privilege to lead the BCCFP over the past two years, and I look forward to establishing new partnerships and continuing the work together.

Christie Newton, MD, CCFP, FCFP
President



EXECUTIVE DIRECTOR'S MESSAGE

This report is designed to provide you with a snapshot of the BCCFP's work from last year. Looking back, it's been an amazing year, and we've accomplished so much!

It has been my pleasure to work with the BCCFP Board and our partners to ensure that the voice of family medicine is heard on the many committees and other forums that have the potential to change practices within the health care system. The Continuing Professional Development (CPD) Committee has worked hard to create new, innovative CPD opportunities to meet the evolving needs of your practice. In addition, our Awards Committee has introduced several new awards to enable members to recognize colleagues who are carrying out exceptional work.

Next year promises to be equally productive. Our new strategic plan is now in place, and I am looking forward to leading the organization to realize four new strategic priorities that build on our ongoing work in leadership, support, advocacy and CPD.

Toby Kirshin, MHA, CAE
Executive Director

Board of Directors 2016/17

Dr. Christie Newton
(President)

Dr. Jeanette Boyd
(Vice-President)

Marjorie Docherty
(Secretary-Treasurer)

Dr. Sandra Barlow

Dr. Rupinder Brar

Dr. Brenda Huff

Dr. Charuka Maheswaran

Dr. David May

Dr. Ryan McCallum

Dr. Anthon Meyer

Dr. Lilah Rossi

Dr. Christine Singh

Dr. Nardia Strydom



BC COLLEGE OF
FAMILY PHYSICIANS
The home of family medicine

MISSION: We are the professional home of family medicine in BC, providing leadership, support, advocacy and education.



5,484
members in BC

67 members
in Resiliency Education and Learning
REAL Groups PILOT PROGRAM

5 key indicators
FOR FAMILY MEDICINE
examined in the BCCFP
pre-election report card

96 videos

and other CPD resources in
the online Learning Vault



535 delegates
attended our Family
Medicine and Medical
Student Conferences

BCCFP recognized **10**
family physicians, residents
and medical students
with **AWARDS**

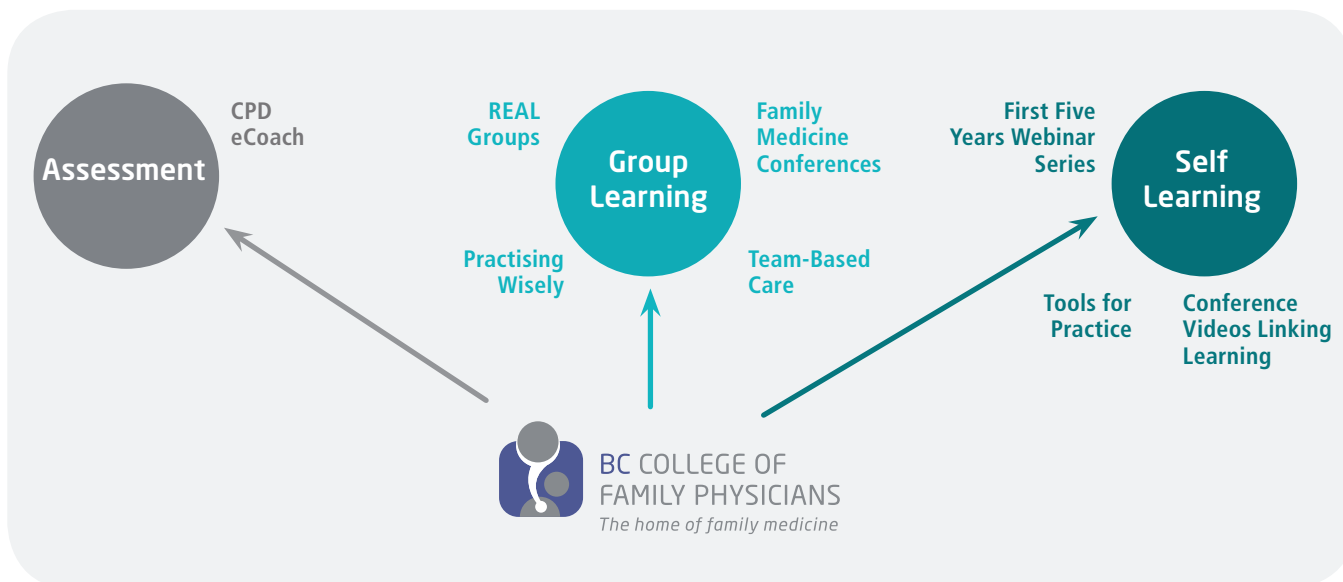
Collaborated with
20+ partners
on matters of
importance to
family medicine



CONTINUING PROFESSIONAL DEVELOPMENT

The BCCFP works with our members and partners to develop and deliver continuing professional development (CPD) that meets the evolving needs of your practice.

Developing CPD That Meets Your Needs



Over the past year, the BCCFP's Continuing Professional Development (CPD) Committee has been working diligently to ensure that the CPD opportunities that we deliver align with our members' needs and preferences; offer value for membership; and dovetail with the Mainpro+ credit structure.

Small group and online learning

In 2016/17, our strategies for small group and online learning saw the most growth. The Resiliency Education and Learning (REAL) Group pilot demonstrated the value of providing this new opportunity included with your BCCFP membership fee. Learn more about REAL Groups on page 5.

In addition, we developed a plan to provide a new series of webinars focused on topics of interest to family physicians in their first five years of practice. The first, covering the transition from residency to practice, ran in June.

Learning Vault

The BCCFP Learning Vault is a new resource for members that provides password-protected access to the BCCFP's CPD offerings. These include resources for REAL Groups, videos from past conferences, webinars and other self-learning resources. Using the CFPC Linking Learning to Practice tool, you can also earn Mainpro+ credits for these activities. Access the Learning Vault by logging in at bccfp.bc.ca.

CPD eCoach

To help members assess their knowledge and target their CPD on specific areas of practice, the BCCFP worked with UBC CPD to create eCoach. This online tool guides you through a self-directed assessment and can then help you to develop an action plan to target your chosen area of practice, all while learning up to 24 Mainpro+ credits. The College of Family Physicians of Canada (CFPC) provided funding support to develop eCoach. For more information, visit the [BCCFP Learning Vault](#).

Mainpro+

In 2016, the CFPC's Mainpro+ system was enhanced to meet your learning needs, as well as to make credit reporting easier and more intuitive to use.

The system now provides three activity categories for credit: group-learning, self-learning and assessment. To help family

physicians with the transition to the new Mainpro+ reporting methods, the BCCFP worked closely with the CFPC's Regional Educator to introduce BC family physicians to the new format. We also provided hands on coaching and support at the 2017 spring Family Medicine Conference.

REAL Groups



Dr. Lucy Ting

"It increased my knowledge base and encouraged me to learn new things. Medicine can be somewhat isolating if you are not part of a big group practice, and it's hard to find time to connect with your colleagues and friends. This is a nice medium to enable that."



Dr. Rupri Brar

"In my experience, the REAL Group has built my resiliency. Practising in the Downtown Eastside comes with challenges, and lots of positive aspects as well. This group has helped me to realize that I have colleagues that I can turn to."

Dr. Lucy Ting found that being part of a Resiliency Education and Learning (REAL) Group provided her with opportunities for learning that go beyond attending a conference.

A participant in one of the REAL Groups piloted by the BCCFP last year, she observes that the small group setting is particularly useful for discussing "difficult" topics, such as practice efficiency or how to handle challenging patients.

During the pilot, Dr. Ting's group focused on clinical guideline topics, preparing for each session by circulating the guideline and any relevant pre-reading. The discussion in the six-member group was freeform, and participants were able to share what they thought was new or interesting, their opinions, and case studies from their own practices.

Dr. Ting found the opportunity to meet useful for both CPD and social interaction. "It increased my knowledge base and encouraged me to learn new things. Medicine can be somewhat isolating if you are not part of a big group practice,

and it's hard to find time to connect with your colleagues and friends. This is a nice medium to enable that," she says.

Pilot group participant Dr. Rupri Brar also liked the connection with colleagues. "In my experience, the REAL Group has built my resiliency," Dr. Brar explains. "Practising in the Downtown Eastside comes with challenges, and lots of positive aspects as well. This group has helped me to realize that I have colleagues that I can turn to."

Participants also tested the BCCFP's new Learning Vault. Dr. Ting particularly liked the fact that it allows the BCCFP to send Mainpro+ credits into the CFPC's system. After that, it's up to the individual family physician to verify by completing the CFPC's impact assessment.

She encourages other members to give the REAL Group format a try. "The group can fulfill different needs for each physician. For me, it was both educational and social," she says. "It's also a great new way to obtain Mainpro+ credits."



ADVOCACY

The BCCFP is the voice of family medicine in British Columbia. We advocate for our profession with government and other partners, and we empower family physicians to address the social determinants of health.

BC Report Card

As British Columbians prepared to go to the polls in early May, the BCCFP released “The Role of the British Columbia Government in Health Care,” a publication that offered a BC Report Card on five key health care indicators of importance to family medicine.

The report card evaluated the Liberal government’s performance based on existing health care policies, as well as grading the platforms of the other two major parties. You can read the full report card on our website at bccfp.bc.ca.

BCCFP Vice-President Dr. Jeanette Boyd was a member of the BCCFP BC Report Card Working Group that collaborated with the College of Family Physicians of Canada (CFPC) to put the report together. We asked her a few questions about the report.



Why did the BCCFP develop the BC Report Card?

We wanted to ensure that the major political parties recognized health care as a priority. We also wanted to highlight key health care priorities that should be addressed by the incoming government.

How did you select the indicators to be reviewed?

Our working group drew upon the expertise within the BCCFP Board of Directors and key collaborators in the field to identify the indicators that would have the greatest impact on the health and wellness of BC residents.

Where did you find the data to create the report card?

We asked the provincial government to provide data on current policies, and the platforms of the major parties were

reviewed. The next step was to review the policies in the context of the current evidence in the indicator areas. We also consulted leaders in these areas for their perspectives on the platform.

How did the BCCFP share the report card?

We distributed it widely to our members and the news media. The coverage included interviews with BCCFP President Dr. Christie Newton on the CKNW and News 1130 radio stations, plus a short article in the BC Medical Journal.

Now that our province has a new government, what are the BCCFP’s plans to follow up on the five indicators reviewed in the BC Report Card?

We were encouraged to see that the September 8 throne speech referenced the first two indicators from the BC Report Card: improving British Columbians’ access to family physicians, and addressing mental health and addiction (including the creation of a new Ministry of Mental Health and Addictions). The complexity of the health care system means that much work needs to be done to affect change. The BCCFP has already contacted both the Minister of Health and the Minister of Mental Health and Addictions to offer our expertise and support.

The five health care indicators assessed in the BC Report Card:

- A family doctor for every British Columbian
- Mental health and addiction
- Indigenous health
- Rural and remote care
- Support for the Patient’s Medical Home (PMH)



Speaking Out

In 2016/17, the BCCFP participated in a diverse range of advocacy activities. Here are some of the highlights.

PMH and the GPSC

The BCCFP has worked actively to support the adoption of the Patient's Medical Home (PMH) as a foundation for care delivery within a broader, integrated system of primary and community care.

The General Practice Services Committee's (GPSC) 12-attribute model for PMH is based on the 10 pillars outlined in the CFPC's PMH vision, with one of the attributes being team-based care. Last year, the BCCFP began working with the GPSC to support team-based care in BC.

Poverty Tool

Endorsed by the CFPC, the Poverty Tool is designed for quick and intuitive use in day-to-day practice. The Kootenay Boundary Division of Family Practice provided support for the development of the BC version, which incorporates local resources and supports. You can find this tool at bccfp.bc.ca.

Provincial Family Practice Dictionary Panel Review

Three representatives of the BCCFP participated in this review. Part of the BC Medical Quality Initiative, the dictionaries set benchmarks and practice expectations for medical staff and have supported criteria-based privileging in BC health authorities since 2015.

Dialogue on implementing opioid guidelines

In May, the BCCFP hosted a meeting with provincial stakeholders to discuss the implementation of the new National Guidelines for Opioid Therapy and Chronic Non-Cancer Pain. Stakeholders present included the regional health authorities, Pain BC, the Provincial Health Officer, the College of Physicians and Surgeons of BC, the BC Centre on Substance Use and the Doctors of BC Section of Pain Medicine.

Rural Health Summit

The BCCFP had preliminary discussions with the Ministry of Health in June to review the recommendations from the 2017 national Rural Health Summit that have implications for practice in BC. Held earlier this year to discuss improving health care access and equity in rural communities across Canada, the Summit resulted in a report with 20 recommendations. The BCCFP plans to follow up with the new provincial government later in the fall.

Social Justice Lens

The BCCFP has adopted a Social Justice Lens tool designed to help our Board of Directors, committees, working groups and members apply social justice principles to their work. It's designed to facilitate dialogue around social justice and equity to enable high-level decisions at three levels of socially accountable care: micro, meso and macro. The tool is available at bccfp.bc.ca.



AWARDS

The BCCFP recognizes excellence and innovation. Our awards program honours recipients and highlights the value of the speciality of family medicine.

Honouring three exceptional family physicians and one innovative team

Each year, the BCCFP recognizes some of our province's exceptional family physicians, residents and medical students. For 2017, we introduced two new awards – the First Five Years of Practice Award and the Innovations in Primary Care Award. The First Five Years of Practice Award recognizes

an exceptional family physician in the early stage of his or her career, and the Innovations in Primary Care Award highlights family physicians working on local innovations in practice or health care delivery that improve patient, family or community care.

BC Family Physician of the Year Dr. Joy Russell (Vancouver)

"I have not met many family physicians who are more deserving of this award than Joy Russell. She has been a trusted colleague who has taught me, even after thirty years in practice, the meaning of exceptional care."

Dr. Joy Russell has been a family physician in Vancouver for 33 years. Since 2014, her practice has been located at the

UBC Health Clinic, where she is also a preceptor, teaching family practice residents, nurse practitioner students and undergraduate medical students. She is also active in the Vancouver Division of Family Practice, representing the Division on several committees and working groups. In 2015, Dr. Russell was honoured by family practice residents, receiving the St. Paul's Residency Program Teaching Award.



My Family Doctor Award Dr. Cecilia Siegling (Prince George)

"Dr. Siegling's kindness and caring always made me feel safe and supported talking to her about my fears and anxieties. I was never rushed, and always left with tools and resources to make things easier. Our homecare and hospice nurses told us how lucky we were to have her as our family doctor, but we already knew that!"

Dr. Cecilia Siegling has been practising in Prince George since 2007, serving a diverse patient population of all ages. After immigrating to Canada from South Africa in 2002, she initially worked in Saskatchewan.

Patient Ms. Laura Parmar nominated her for the My Family Doctor Award to recognize the care that Dr. Siegling provided during her husband Mike's journey with cancer.



First Five Years of Practice Award Dr. Simon Moore (Vancouver)

"Dr. Moore's passion for teaching and his numerous contributions to the national community of medical education are truly outstanding. He has

achieved, in four short years, what most people would hope to add to their resumé in the span of their entire career."

Dr. Simon Moore, is a graduate of UBC's medical school and Family Practice residency, and has completed additional training in Global Health. He has practiced family medicine across Canada, in BC, the Northwest Territories and Ontario, in both urban and rural settings. A UBC Clinical Assistant Professor, Dr. Moore is a course director in Family Practice for Year 1 & 2 medical students at the Faculty of Medicine, and co-founder of The Review Course in Family Medicine.





Innovations in Primary Care Award Home ViVE

(Home Visits to Vancouver's Elders) Program

"The goal of Home ViVE is to provide comprehensive patient-centered primary care. By building a trusting relationship with patients, understanding their wishes and being readily accessible by phone or in person, Home ViVE may influence utilization of acute care resources if Emergency visits and admissions can be delayed or avoided altogether."

In 2008, Vancouver Coastal Health and some elder-friendly physicians recognized the need to provide home-based

primary care to seniors who are truly house-bound due to physical, cognitive, social or a combination of factors. Since then, Home ViVE (Home Visits to Vancouver's Elders) has evolved into a primary medical home for approximately 1,300 cumulative patients.

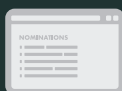
The team includes nurse practitioners, registered nurses, physiotherapists, occupational therapists and rehabilitation assistants. The clinicians are mobile and the "virtual" office functions with the assistance of a medical office assistant and a web-based, portable EMR. Patients can access a physician 24/7 if they are in difficulty.

Residents and medical student awards

Congratulations to Drs. Dipinder Keer and Cassandra Felske-Durksen who received Resident Leadership Awards, and to Drs. Jesse Thompson and Alicia Pawluk, recipients of the Dr. Manoo and Jean Gurjar Resident Scholarship Awards.

Best wishes and congratulations to new UBC Medicine graduates Drs. Krista Burton and Vincent Wong, who received this year's Medical Student Scholarship Awards for fourth year students.

From left: Drs. Alicia Pawluk, Jeanette Boyd (BCCFP Vice-President), Jesse Thompson, Cassandra Felske-Durksen and Dipinder Keer



PARTNERSHIPS

Our Partnerships for 2016/17

The BCCFP works collaboratively with our government, academic and professional partners to enhance the practice of family medicine. Our partners for 2016/17 include:

BC Centre on Substance Use

BC Medical Quality Initiative

BC Patient Safety and Quality Council

BC Primary Health Care Research Network

College of Family Physicians of Canada
and provincial Chapters

College of Physicians and Surgeons of BC

Divisions of Family Practice

Doctors of BC

Family Practice Oncology Network

General Practice Services Committee

Government of BC

Health Data Coalition

Pain BC

Practice Support Program

Provincial Recruitment and Retention Committee

Society of General Practitioners

UBC Continuing Professional Development

UBC Department of Family and Community Medicine

UBC Family Medicine Interest Group (medical students)

UBC Family Practice Residency Program

UBC Health



The BCCFP's work with partners encompasses the diversity of family medicine.

COLLABORATION
CONTINUING PRACTICE SUPPORT
PROFESSIONAL Engaging future family physicians
DEVELOPMENT TEAM-BASED CARE
Patient's ADVOCACY
Medical Home LEADERSHIP
SUPPORT Quality improvement
Research **Family medicine advocacy**





BC COLLEGE OF
FAMILY PHYSICIANS
The home of family medicine

Strategic Plan 2017-2020

Vision	Mission	Values
Healthy people. Thriving communities. Inspired family physicians.	We are the professional home of family medicine in BC, providing leadership, support, advocacy and education.	<ul style="list-style-type: none">• Social justice• Evidence-informed• Collaborative, respectful relationships• Reflective, responsive leadership• Physician wellness

STRATEGIC PRIORITIES



Lead the development and delivery of relevant continuing professional development (CPD) to support evolving practice needs



Promote and demonstrate the value of the specialty of family medicine



Support family physicians through all stages of their career



Empower family physicians to address the social determinants of health

Contact
Us

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@BCCFP

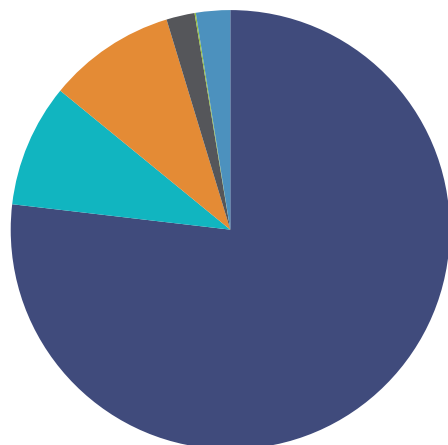


**BC COLLEGE OF
FAMILY PHYSICIANS**
The home of family medicine

Statement of Operations
Year Ended June 30, 2017

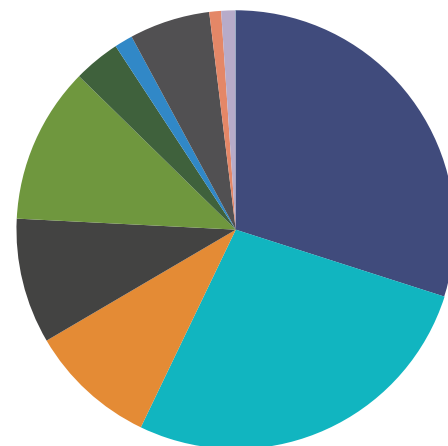
	2017	2016
Revenues		
Membership dues	\$ 845,554	\$ 708,423
Accreditation	103,500	96,270
Registration	99,688	208,703
Transfer payment from the National College	27,657	27,116
Exhibit	22,900	31,326
Interest	1,012	2,947
	1,100,311	1,074,785
Expenses		
Salaries and benefits	280,809	272,114
Honoraria	254,979	255,479
Food and beverage	88,461	144,996
Consulting	83,698	92,578
Travel	55,719	42,388
Office	49,878	94,144
Audiovisual	32,283	49,329
Rent	31,797	29,565
Professional fees	24,422	25,574
Communications and promotion	12,678	17,169
Sponsorship, awards and donations	9,725	9,138
Telephone	5,004	4,435
Bank charges	270	265
Amortization	8,162	9,491
	937,885	1,046,665
Excess (Deficiency) of Revenues over Expenses	\$ 162,426	\$ 28,120

Revenue by Source 2016-17



Membership	\$ 845,554	76.8%	
Registration	99,688	9.1%	
Accreditation	103,500	9.4%	
Exhibit	22,900	2.1%	
Interest	1,012	0.1%	
CFPC transfer payments	27,657	2.5%	

Expenses 2016-17



Salaries and benefits	\$ 280,809	29.9%	
Honoraria	254,979	27.2%	
Food and beverage	88,461	9.4%	
Office (including rent and phone)	86,679	9.2%	
Professional fees/consulting	108,120	11.5%	
Audiovisual	32,283	3.4%	
Advertising	12,678	1.4%	
Travel	55,719	5.9%	
Amortization	8,162	0.9%	
Sponsorship, awards and donations	9,725	1.0%	
Bank charges and investment fees	270	0.0%	*

* too small to represent in chart

BC College of Family Physicians

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