

Annual Report 2015-16

# Meeting Your Needs with Innovative Solutions



BC COLLEGE OF  
FAMILY PHYSICIANS  
*The home of family medicine*



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## PRESIDENT'S MESSAGE

I am pleased to report that 2015/16 has been a highly productive year for the BCCFP. The Board and its committees have continued to be actively involved in many key provincial initiatives, including privileging, quality improvement, and recruitment and retention.

Over the past year, the BCCFP also focused on advocating for the Patient's Medical Home (PMH) vision for family practice in BC and developing a strategic education plan to enhance the Chapter's continuing professional development (CPD) offerings. Both are inter-connected, as we anticipate that the BCCFP will have a significant role to play in ensuring that you have the learning opportunities needed to prepare you for the anticipated changes to primary care delivery in BC.

Provincially, the BCCFP is already playing an active role in the planning process to implement PMH in BC as part of the General Practice Services Committee (GPSC) Patient's Medical Home Design Oversight Team. Nationally, the CFPC has created some excellent resources to assist members with patient care and practice management within a PMH. As your representative on the CFPC's PMH Steering Committee, I will continue to advocate for additional resources to support PMH implementation here in BC.

Over the past year, our Continuing Education Committee has worked diligently to draft a strategic education plan that supports your needs and preferences for CPD. New initiatives include the start of REAL Groups, innovative small group learning opportunities. In addition, we are expanding the scope of our CPD content. For example, we planned our first collaborative conference with the Society of General Practitioners (SGP), covering practice management along with clinical topics. This was located in Kelowna in response to member interest in more professional development opportunities outside of the Lower Mainland. In addition, please stay tuned for the introduction of a self-assessment tool designed to support your practice improvement needs.

Finally, we have strengthened some of our key professional partnerships to better serve your needs. It's been a pleasure to work more closely with the GPSC, the Divisions of Family Practice, the Rural Coordination Centre of BC, UBC Continuing Professional Development, the SGP and the Family Practice Oncology Network. We also continue our collaborative relationship with the UBC Department of Family Practice, the Family Medicine Interest Group, and the family medicine residency program.

My thanks to all of our Board members, committees, volunteers and partners for their dedication over the past year.

A handwritten signature in blue ink, appearing to read 'C Newton'.

Christie Newton  
MD, CCFP, FCFP, President

## EDUCATION: NEW PLAN IN PLACE



Over the past year, one of our main priorities has been developing a strategic education plan to better meet your needs for continuing professional development and ensure a smooth transition to Mainpro+. During the planning process, our Continuing Education Committee focused on the optimal ways to deliver these services to you, as well as your preference for topics that are relevant and timely.

The results of our member engagement surveys demonstrated that while conferences remain an important part of continuing education, there is also a growing need for local small group learning, as well as online and virtual learning. Our new continuing education strategy aims to provide flexibility in the format and content of continuing education to ensure that it is current and relevant to practice.

You can read more about the plan and what's new in our education portfolio on pages four and five.



## ADVOCACY: TRANSITIONING TO PATIENT'S MEDICAL HOME



As BC moves forward with changes to primary care delivery based on the key concepts of the Patient's Medical Home (PMH) and the Ministry of Health's primary care home (PCH), the BCCFP will be ensuring that the professional voice of family physicians is heard.

BCCFP has long advocated for establishing the PMH vision here in BC, and we will be working with our partners on the General Practice Services Committee (GPSC) to provide input into the design and implementation processes.

In early summer, we also had the opportunity to make a presentation on PMH and Quality Improvement to the Province's Select Standing Committee on Health. We focused on the value of PMH for improved primary care; however, we also stressed that there must be adequate supports in place, including appropriate remuneration and infrastructure.



## RECOGNITION: KUDOS TO 2016 AWARD RECIPIENTS



Every year, we recognize family physicians who are highly respected by their peers and patients. In addition, our awards program provides funding to outstanding residents in the UBC Family Practice Program, as well as medical students beginning their post-graduate studies in family medicine.

Read more about the 2016 award recipients, including BC's Family Physician of the Year, on pages six and seven.

# STRATEGIC EDUCATION PLAN MOVING FORWARD

At any stage of your family practice career, it's essential to have convenient access to high-quality, varied learning opportunities that, where possible, are also interactive.

As your professional home, the BCCFP focuses on providing the continuing professional development (CPD) opportunities that not only deliver the content you need, but also accommodate your learning preferences.



*Dr. Marjorie Docherty, co-chair of the BCCFP Continuing Education Committee*

To respond to members' CPD needs, the BCCFP Continuing Education Committee has spent the past year developing a strategic education plan that accommodates varied opportunities for interactive learning, including small groups. These opportunities align with Mainpro+ credits.

Committee co-chair Dr. Marjorie Docherty explains that the BCCFP aims to be progressive and forward-thinking: "We need to be open and responsive to the changing educational needs of today's family physicians and be prepared to change format and

delivery to provide better educational experiences."

Some changes have already been made, including the launch of a new member-only online education section on the BCCFP website. Others will follow in the coming year.

A significant change set for this fall is the launch of our new small group learning program – the Resiliency Education and Learning (REAL) Groups pilot initiative. (See page five for more information.)

Dr. Docherty explains that one of the advantages of this small group format is the ability to connect physicians with a shared interest in exploring a particular topic, even if they live in different communities. How they connect (virtually or face-to-face or both) can be tailored to the needs of the participants. This flexibility is designed to accommodate physicians working in rural and remote communities, as well as participants at different stages of their careers.

To ensure that the REAL Groups function as smoothly as possible and deliver the required learning opportunities, we will be asking the pilot groups for feedback to help us build the program.

"BCCFP is taking a quality improvement approach to all of our learning opportunities," Dr. Docherty says. "We are listening to what you need, trying new approaches and evaluating the results."

The one-day BCCFP and Society of General Practitioners (SGP) conference (October, 2016) is another outcome of the planning process. This was prompted by member requests for more learning opportunities closer to home. Also by request, the program included both clinical and practice management sessions.



## YOUR INPUT ON CPD

Members attending our Family Medicine Conference in June, 2016 had the opportunity to take a look at a BCCFP poster display outlining the newly drafted strategic education plan and speak with BCCFP staff. More than 100 attendees also completed a member engagement survey.

The results indicated strong support for a variety of continuing professional development (CPD) opportunities in addition to our twice-yearly conferences. Members see value in the addition of small group learning and more online content, particularly CPD opportunities that are designed to meet the needs of family physicians.

The responses also showed that two of the most popular topics for CPD are the Patient's Medical Home and quality improvement.

## REAL GROUPS DEBUT THIS FALL

With many members expressing interest in more small group learning opportunities, one of the key outcomes of BCCFP's strategic continuing education plan is the launch of our new Resiliency Education and Learning (REAL) Groups.

To be piloted this fall, the REAL Group format is designed to enable you to focus on the "real" topics that are timely and relevant to your practice. The content will include clinical care, but there will also be opportunities to focus on a variety of other non-clinical topics, such as quality improvement. Individual groups will be able to select topics that are most relevant to their local practice needs. REAL Groups offer a physician-focused learning environment that is intentional, supportive and autonomous.

REAL Groups have already been certified for Mainpro+ credits. If you are interested in finding out more, please visit [www.bccfp.bc.ca](http://www.bccfp.bc.ca).

## LEARNING VAULT COMING SOON

As our continuing professional development (CPD) program continues to evolve and grow, we are introducing the Learning Vault, an online learning management system that will provide you with access to all of your CPD resources and tools in one place.

The Learning Vault will bring a new level of sophistication and function for online registration and learning. For example, if you are interested in participating in one of the new REAL Groups, the system will not only list the opportunities, but also provide a place for the group to connect, post resources and conduct online discussions.

## ONLINE LEARNING AT YOUR FINGERTIPS

BCCFP members now have access to convenient online learning. The launch of our new website made it possible to create a member-only online education section.

We currently have more than 40 professionally edited videos from our Family Medicine Conferences, and we plan to add more resources over the coming year. This content will move over to the new Learning Vault.



## NEW RESOURCES FOR EDUCATION

If you attended our Family Medicine Conference in June, you may have met two new faces on the BCCFP team – Dr. Sarah Bartlett and Ms. Victoria Wood. Both are focusing on continuing professional development.

A practising family physician, Dr. Bartlett is the BC-based CFPC regional educator. Since early this year, she has been helping members make the transition to the new Mainpro+ system. Ms. Wood is our continuing education manager. She has a background in supporting curriculum development across the learning continuum, and has been working closely with the Continuing Education Committee to develop our new strategic education plan.

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*“Resiliency education and learning (REAL) Groups offer a physician-focused learning environment that is intentional, supportive and autonomous.”*

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## CFPC BC FAMILY PHYSICIAN OF THE YEAR: DR. RODNEY ANDREW

In more than four decades of practice, Dr. Rodney Andrew has made a substantial contribution to family medicine at the practice, hospital, university and provincial level.



*Dr. Rodney Andrew*

Recognizing this contribution, the CFPC awarded Dr. Andrew the 2016 Reg. L. Perkin BC Family Physician of the Year Award. As one of his leadership roles, he served as the site director for St. Paul's Hospital's Family Practice Residency Program from 1993 to 2003, developing an innovative

horizontal curriculum before competency training was common.

However, Dr. Andrew is best known for his commitment to the education of International Medical Graduates (IMGs) and spearheading the IMG residency training program at St. Paul's.

From the early 1990s, he was a champion for IMG training, lobbying for increased training positions and funding. He served as director of BC's IMG program from 1997 to his retirement in 2013. In 2006, St. Paul's became the site for a separate IMG residency program running alongside the family practice residency program, now a model for IMG training across Canada.

Most recently, he was involved in the Clinical Assessment Program for IMGs, which was designed to remove barriers to practice by providing IMGs with evaluation in a clinical environment with a licensed physician. The BCCFP is proud to recognize Dr. Andrew for his outstanding contribution to family medicine.

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### **BCCFP Award of Exceptional Contribution in Family Medicine: Dr. Ted Rosenberg**

Dr. Ted Rosenberg inspires Victoria's family medicine residents by his excellence in teaching, especially in geriatric care. His career accomplishments also include developing and evaluating the Home Team Medical model of care focusing on primary care for frail elderly people living in the community. As well as his commitment to clinical work and medical education, Dr. Rosenberg has an interest in evidence-based care, health planning and research.



*Dr. David Attwell receives his award from Dr. Marjorie Docherty, while nominator, Ms. Louise Schmidt, looks on.*

### **MY FAMILY DOCTOR AWARD: DR. DAVID ATTWELL**

Patient Ms. Louise Schmidt describes Victoria family physician Dr. David Attwell as the "the kind of doctor one wishes could be cloned."

In nominating Dr. Attwell for the My Family Doctor award, she recalled the respect that he had shown for her elderly mother, his caring attitude and his way of taking the time to listen and answer questions.

"It is not just what Dr. Attwell does for his patients and how it makes them feel that is worthy of mention. It is also what having a doctor like Dr. Attwell means for my future... with Dr. Attwell as my doctor, I already know, from our 20 plus years together and the way he looked after my mother, that my concerns will be addressed, my stress will be lessened because I will have a competent medical ally that I trust, and the care will be outstanding."

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### **BCCFP Award of Exceptional Contribution in Family Medicine: Dr. Angela Lee**

Leading a team of 22 family physicians at a multi-disciplinary clinic, Dr. Angela Lee provides a full-service clinical practice for her patients, as well as developing new solutions to address health care needs in the community and providing both mentorship and support for her team. Dr. Lee makes it a priority to support the education of the next generation of physicians and health care professionals. She is also very involved with the Vancouver Division of Family Practice.



## **BCCFP Community Family Physician: Dr. Leo Wong**

Dr. Leo Wong and his wife Flora provide a full-service family practice clinic in Langley. The scope of his work includes caring for patients at the hospital, a nearby care facility, the local hospice and a psychiatric community tertiary rehabilitation facility. In addition, he is a keen community volunteer. The nomination notes: "Leo provides excellent care to his patients, supports his fellow physicians through decisive leadership and mentoring, and is an active volunteer in the Langley community."

## **BCCFP Rural Family Physician: Dr. Charles Helm**

Practising in the remote community of Tumbler Ridge since 1992, Dr. Charles Helm is frequently on call for any emergency, as well as caring for his family practice patients. He also teaches residents and medical students and advocates for maintaining standards for rural medical practice. Outside of medicine, Dr. Helm is a natural history aficionado and a published author. He also promotes physical fitness and a healthy outdoor lifestyle by example and through his volunteer work.

## **BCCFP Teacher: Dr. Ashnoor Nagji**

Dr. Ashnoor Nagji has a special interest in women's health and the health of marginalized populations, both locally and globally. This is reflected in her teaching experience. Internationally, she has worked and volunteered her time to teach advanced obstetrical skills. Locally, she supervises medical students, residents and nurse practitioners as part of her role as a primary care physician for special populations. As a teacher, she is "equally comfortable as a lecturer, seminar leader or hands-on instructor."

## **BCCFP Researcher: Dr. Keith Ahamad**

Dr. Keith Ahamad's focus is on primary care and addiction medicine, and his research has had a substantial impact locally, provincially, nationally and internationally. Dr. Ahamad "embodies the characteristics that are essential for success as a family practice clinician researcher." These include: research excellence; mentorship and teaching; teamwork; knowledge translation and dissemination; clinical excellence; collaboration; commitment to the community; and the ability to build relationships.

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## **FAMILY PHYSICIANS OF THE FUTURE**

Our 2016 awards program recognized four residents in the UBC Family Practice Program and two newly qualified physicians entering their first year of residency.

Our congratulations go out to Resident Leadership Award recipients Dr. Jeanette Evans and Dr. Adam Pankalla. This year's Dr. Manoo and Jean Gurjar Resident Scholarship Awards went to Dr. Diana Austin and Dr. Kurt Deschner.

The recipients of the 2016 BCCFP Medical Student Scholarships were recent graduates Dr. Marley Greiner and Dr. Yvonne Sin, who recently began their post-graduate training.



*Resident award winners (from left) are Drs. Kurt Deschner, Diana Austin, Jeanette Evans and Adam Pankalla.*

## Thank you!

A big thank you to all of our members who give their time to support the programs, services and special events that we provide each year for BC's family physicians, residents and medical students.



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**[www.bccfp.bc.ca](http://www.bccfp.bc.ca)**

**Tel: 604-736-1877 Fax: 604-736-4675**

**Email: [office@bccfp.bc.ca](mailto:office@bccfp.bc.ca)**

**Address: Suite 330-1665 West Broadway  
Vancouver, BC V6J 1X1**



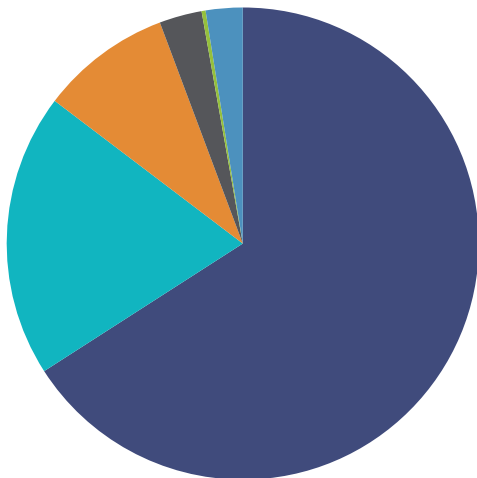
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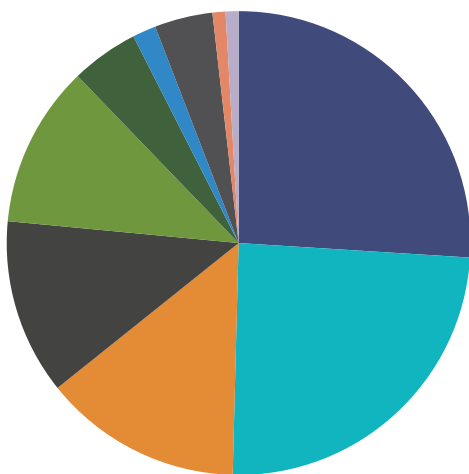
	2016	2015
<b>Revenues</b>		
Membership dues	\$ 708,423	\$ 660,734
Registration	208,703	176,136
Accreditation	96,270	101,379
Exhibit	31,326	31,981
Transfer payment from the National College	27,116	11,076
Interest	2,947	15,428
	1,074,785	996,734
<b>Expenses</b>		
Salaries and benefits	272,114	273,067
Honoraria and wages	255,479	220,875
Food and beverage	144,996	138,106
Office	94,144	77,099
Consulting	92,578	35,326
Audiovisual	49,329	45,599
Travel	42,388	40,758
Rent	29,565	29,282
Professional fees	25,574	50,098
Advertising	17,169	41,624
Sponsorship, awards and donations	9,138	2,647
Telephone	4,435	5,909
Bank charges and investment fees	265	2,281
Unrealized loss on marketable securities	0	13,412
Amortization	9,491	9,143
	1,046,665	985,226
<b>Excess (Deficiency) of Revenues over Expenses</b>	\$ 28,120	\$ 11,508

## Revenue by Source 2015-16



Membership	\$ 708,423	65.9%	
Registration	208,703	19.4%	
Accreditation	96,270	9%	
Exhibit	31,326	2.9%	
Interest	2,947	0.3%	
CFPC transfer payments	27,116	2.5%	

## Expenses 2015-16



Salaries and benefits	\$ 272,114	26%	
Honoraria and wages	255,479	24.4%	
Food and beverage	144,996	13.9%	
Office (including rent and phone)	128,144	12.2%	
Professional fees/consulting	118,152	11.3%	
Audiovisual	49,329	4.7%	
Advertising	17,169	1.6%	
Travel	42,388	4%	
Amortization	9,491	0.9%	
Sponsorship, awards and donations	9,138	0.9%	
Bank charges and investment fees	265	0.02%	*

\* too small to represent in chart

**BC College of Family Physicians**

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**Email: [office@bccfp.bc.ca](mailto:office@bccfp.bc.ca)**

**Address: Suite 330-1665 West Broadway**

**Vancouver, BC V6J 1X1**