

IMPROVING OUR PRACTICE TO BENEFIT YOURS



BC COLLEGE OF
FAMILY PHYSICIANS
The home of family medicine





PRESIDENT'S MESSAGE

It has been a distinct pleasure to serve as the President of our Chapter over the last two years. I have been fortunate to meet many family physicians from across the province. Listening to you has helped me to understand the varied challenges and rewards we each face in our respective areas of practice. I also appreciate having the opportunity to meet the next generation of family medicine: the residents in the UBC program and the medical students interested in joining our profession.

As a member-centred organization, BCCFP focuses on your needs. Over the past year, we have received your feedback through our education needs assessment and member survey. My thanks to everyone who gave us their thoughtful and insightful responses.

We heard that you appreciate BCCFP's role in providing lifelong education and advocacy for the profession. You also shared your thoughts on the BCCFP programs and initiatives that you value, and made suggestions on how we can make changes to the content or mode of delivery to better meet your needs.

Using this data, we've already added new conference content and redesigned our website to respond to your needs and preferences for information and education. To help us communicate more effectively across our programs, we've also updated our branding to better reflect our role as the only independent professional association in BC that focuses solely on the needs of family physicians. Under the new logo, you will see our Chapter is described as "the home of family medicine".

To further our advocacy agenda, we hosted a symposium on the Patient's Medical Home in April. Seventy-five members and partners came together to talk about how we can work toward realizing this patient-centred model of care in BC.

We have updated our bylaws this year. On May 23, 2015, members attended a Special General Meeting, approving the new bylaws. The bylaw changes were required to ensure that BCCFP is compliant with the requirements of our national College, as well as the most up-to-date legislation and best practices in non-profit governance.



Patricia Mirwaldt,
MD CCFP, President

Since taking this role in 2013, it has been my distinct honour to work with many wonderfully talented and engaged Board and Chapter members. It's been an honour to serve as your President. I would like to take this opportunity to sincerely thank the Board members and Toby Kirshin and Ian Tang, our staff members, for their significant commitment and skill in serving our Chapter. In closing, I wish to express my delight that Christie Newton will become the Chapter President: she is a strategic thinker and a skilled clinician. She also has significant commitment to, and understanding of, the role of a family doctor within patient-centred care alongside our esteemed health professional colleagues. I look forward to continuing to work with Christie, Toby and all of you as Past-President.

INSIDE:

- Your professional home: Improving our practice to benefit yours
- Advocating for the Patient's Medical Home
- Professional development throughout your career
- Recognition: Celebrating your successes
- Financial Statements



BOARD OF DIRECTORS 2014/15

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(President-Elect)

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NEW BYLAWS REFLECT BEST PRACTICES

Over the past year, a BCCFP Bylaw Task Force worked with legal counsel to develop updated bylaws that take into account the requirements of our national College, provincial legislation, and best practices in the governance of non-profit professional associations.

The revised bylaws were passed at a Special General Meeting in May, and are available on the BCCFP website. Highlights include updates to board composition and practices. For example, the Board is moving to a smaller size (13 members) and will be structured to be skills-based and to reflect the diversity of our membership. Other changes in board practice include substituting the position of Vice-President for President-Elect, and creating the ability for the Board to hold electronic elections or annual general meetings if needed.



THE HOME OF FAMILY MEDICINE

In a landscape where governments and policy makers understand the importance of primary care, we are fortunate to have more organizational supports for family practice today than when BCCFP was formed six decades ago.

BCCFP prides itself on being a professional voice for family physicians, focusing on education, advocacy and excellence in family medicine. However, with more organizations involved in supporting and promoting specific areas of family medicine, we saw the need to distinguish BCCFP from partner organizations with different roles and mandates. Our name is the same, but our new brand and positioning statement “the home of family medicine” reflect our role as the professional home of family medicine in BC.

155
members in 1954



→ 4,600+
members today



600

We have over 600 attendees at our Family Medicine Conferences annually.



YOUR PROFESSIONAL HOME: IMPROVING OUR PRACTICE TO BENEFIT YOURS

BCCFP has been the professional home of family medicine for more than six decades. As a member-focused organization, it's critical that we understand the evolving needs of our members and work to continue to improve our practice to benefit yours.

Over the past year, we have focused on seeking your input and making changes in our practice to better reflect and meet the needs of our members.

In December's Continuing Education Needs Assessment Survey, we asked you about the topics that are most relevant for your practice and how you'd like us to deliver educational content and other information. Most recently, our focus groups and member survey took a broader view, asking how BCCFP can best advocate for the family medicine profession and the family physician's role in our health care system.

Thanks to your input, we have already made changes to serve you better. For example, we designed the Fall Family Medicine conference program to include the most requested topics from the needs assessment.

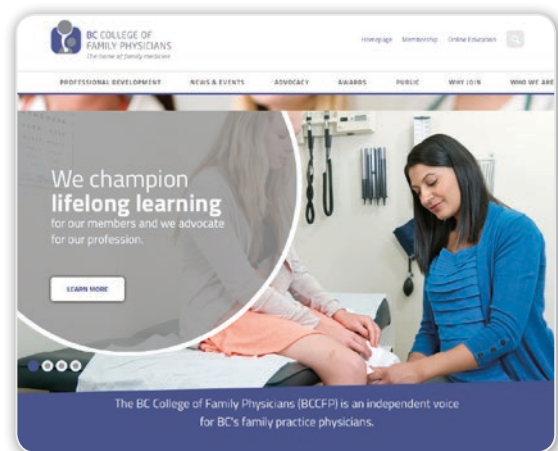
Although many of you told us that conferences are your preferred mode for receiving continuing education, there was also strong interest in online education to meet your need for flexible learning opportunities.

As a result, our new [website](#) is designed to better meet your education needs, including a member-only online education section with a video library. There are now resources designed for family physicians at different points in their careers—from residents and medical students to highly experienced family physicians.

We've also sharpened our e-communications to make our new Prime eNewsletter and e-blasts easier to skim through or read in depth.

This summer's member survey confirmed that many of you value your membership in BCCFP for learning opportunities, professional advocacy, peer support and recognition of professional excellence. Your input from the survey will be used to help BCCFP tailor the services and programs that we provide to meet the needs of our members. Stay tuned!

Over the past year, we have focused on seeking your input and making changes in our practice to better reflect and meet the needs of our members.



800

We accredit over 800 continuing professional development programs and sessions a year.



14

We offer 14 awards, honours and scholarships a year.



ADVOCATING FOR THE PATIENT'S MEDICAL HOME IN BC

Advancing the Patient's Medical Home (PMH) vision of care in BC is high on the advocacy agenda for BCCFP. In April, we invited members and partners to participate in a symposium to explore how we might collaborate to move this model forward.

Collaborating on a Vision for Integrated Family Practice in BC brought together 75 stakeholders, including representatives from the College of Family Physicians of Canada; the BC Ministry of Health; the General Practice Services Committee; the health authorities; Doctors of BC; the Society of General Practitioners; the Divisions of Family Practice; UBC Continuing Professional Development; allied health professionals; and patients.

The day included presentations describing PMH experiences from other provinces. Symposium attendees heard that when it comes to PMH, one size does not fit all. The model can take different forms depending on the health needs of the community.

WHAT IS PMH?

Imagine a patient-centred family practice that serves as the home base for providing and coordinating each patient's health and medical care needs. Care is tailored to the needs of the patient at every stage of his or her life, located within the local community, and integrated with other health services.

This is the principle behind the **Patient's Medical Home (PMH)** model developed by the College of Family Physicians of Canada (CFPC).

The PMH model also recognizes the need for engaging a broader network of health care providers, sometimes described as "medical neighbourhoods." These include access to, and relationships with, a wide range of health professionals, as well as public health, community services, family supports and private services. As each community is unique, the mix of services will also vary.



Practicing in rural Pemberton, BCCFP member Dr. Rebecca Lindley sees the advantage of patient-centred care provided by a team of family physicians and other health care professionals. In her practice, the team includes four physicians, a nurse practitioner and a chronic disease management nurse. All share the Pemberton community health centre building with the local 24-hour Emergency department (staffed by the physicians), community mental health and other services.

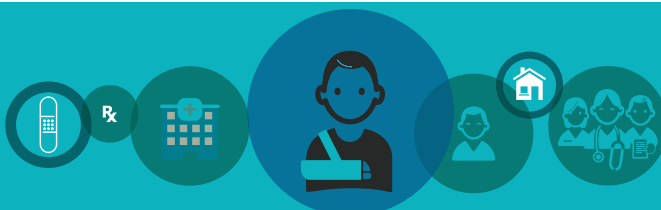
She sees a real advantage of the team-based model. "The benefit that you have from being part of a team that's delivering much more comprehensive care and engaging mental health workers and other care workers in the care you provide, is hugely increased job satisfaction," Dr. Lindley notes. "You feel more able to deliver the best care to your community and your patients."

Symposium attendees agreed that BC is currently in a position to make innovations in primary care. Opportunities include existing frameworks for collaboration, such as the Divisions of Family Practice and the General Practice Services Committee (GPSC) visioning work around the future of primary care.

Building this momentum, BCCFP met with the GPSC co-chairs from the Ministry of Health and Doctors of BC, as well as the Executive Director of Practice Support and Quality in early July to better understand how the 2015 GPSC visioning work and the Ministry of Health's projects in primary care might fit the information and priorities generated during the symposium.

The timing is right, and there is significant alignment of ideas and priorities, according to Dr. Christie Newton, who chairs the BCCFP's PMH Committee. "The College is committed to working with our partners and government to support a patient-centred, high performing and sustainable health care system in BC," she says. "However, as the GPSC visioning work is still underway, it's important to ensure we capture all of the innovative ideas and perspectives on the future of primary care before narrowing the focus on specific solutions like PMH."

The full symposium report can be found on the [BCCFP website](#).



PROFESSIONAL DEVELOPMENT FOR EVERY STAGE OF YOUR CAREER

When you look at the [professional development section](#) of BCCFP's new website, you will immediately notice a big difference in approach. For your convenience, the resources are sorted according to the stage of your career. We have separate sections dedicated to residents and medical students; physicians in the first five years of practice; and experienced physicians. There's also a "[resources for all](#)" section to provide a quick reference to universal BCCFP professional development resources, such as our popular Family Medicine Conferences and the online education library.

In keeping with a focus on providing resources to meet the needs of family physicians and trainees at different career stages, we are pleased to introduce a new Essential Resources for Residents section, put together by a panel of UBC Family Practice residents led by Dr. Shahana Alibhai. The resources range from information on which professional organizations to join and recommendations for useful clinical tools, to tips on how to prepare for exams and how to transition to practice.

The concept of tailoring resources to family physicians at different stages of their careers is forward thinking, according to Dr. Robin Paytal, a second-year UBC Family Practice resident and a member of the BCCFP Board. "The bag of resources is biggest for residents, but it becomes more streamlined for experienced physicians."

He also appreciates the easy online access to resident-relevant resources. "Residents have a tendency to gravitate towards

electronic media. I think it's the portability aspect that residents really like—you can quickly find the reference you need."

We will continue to add to this and other resources on the website. If you have any suggestions for web-based resources, please send them to office@bccfp.bc.ca.

GOING DIGITAL



We live in a professional world increasingly driven by digital resources that range from your office EMR to the smartphone in your pocket. BCCFP is keeping up! We are striking a balance between continuing to serve you with face-to-face professional development and increasing the online content that you have asked us to include.

As a member-only feature, our online education resource library will continue to grow. We will be adding video content from every BCCFP Family Medicine Conference, and we plan to add other online resources. Also, look for information about the latest online resources and apps, as well as other BCCFP news, in our quarterly Prime eNewsletter. If you are on Twitter or LinkedIn, we are too! Follow us on [Twitter at @BCCFP](#) and join our [LinkedIn group](#).



MD Students
and Residents



First Five Years
in Practice



Experienced
Physicians



RECOGNITION: CELEBRATING YOUR SUCCESSES

My Family Doctor Award and the CFPC's British Columbia Family Physician of the Year

Dr. Anthon Meyer, Fort St. James

When BCCFP called for award submissions in early 2015, Dr. Anthon Meyer received nominations from both his peers and his patients, resulting in two honours: the CFPC's BC Family Physician of the Year and the BCCFP My Family Doctor awards.

CFPC BC Family Physician of the Year

"Dr. Meyer came to a community in need in 2012, a community which only had one other physician serving about 5,000 people. He was an integral part in the recruitment initiative that led to an established group of six permanent physicians."

Although he has been practicing in Fort St. James for less than five years, Dr. Anthon Meyer's efforts as a dedicated physician, educator and leader have significantly increased the family medicine services available to the residents of this community.

Among his many accomplishments, Dr. Meyer played an integral role in the recruitment of additional family physicians to the community. This made it possible to re-establish First Nations outreach clinics, a Chronic Disease Management Clinic and a low-risk obstetrical program. Also, as a direct result of Dr. Meyer's leadership, Fort St. James recently became a designated family physician resident training site.

My Family Doctor Award

"Our experience with Dr. Meyer has given us the feeling that he has a sixth sense, as he often predicts our needs before we discuss them. He is extremely organized, knowledgeable, thorough, detailed, supportive, communicative, professional, calm, grounded, and compassionate. He has an outstanding nature and is exceptionally knowledgeable. All these qualities are present in every aspect of his clinic and hospital practice."



Dr. Anthon Meyer accepts the 2015 My Family Doctor award at the spring Family Medicine Conference. Pictured from left: Dr. Meyer, Dorothy Wasylenko, Jim Wasylenko and BCCFP President Dr. Patricia Mirwaldt.

"We are very grateful for his ongoing care and believe he is very deserving of this award."

Nominators Dorothy and Jim Wasylenko see Dr. Anthon Meyer as a family doctor who "goes the extra mile" to provide superb care and support for their family. The relationship began when Dr. Meyer diagnosed Mr. Wasylenko with a potentially life-threatening problem during a routine check up. Since then, he has helped Mr. Wasylenko through many health challenges, as well as caring for the rest of the family.

"We cannot overstate the superb care Jim has received from Dr. Meyer throughout this challenging time," Mrs. Wasylenko says. "Dr. Meyer is an amazing advocate, setting up specialist appointments, scans, diagnostic tests, and liaising with treatment teams. He fully participates in Jim's care by explaining treatment and care plans and calling family meetings to discuss all aspects of the treatment with us. Dr. Meyer supports Jim as an individual patient while supporting us as a whole family. He is thorough, detailed, and always communicative about the processes and the procedures involved in Jim's care. He listens to our concerns and takes our questions seriously."





BCCFP Community Family Physician of the Year

Dr. Gordon Stahl, Vancouver

Dr. Gordon Stahl

"Gordon has always been dedicated to his patients and I have met many of them over the years who have expressed their admiration for his clinical skills, his willingness to go the extra mile and his unfailing interest in them as worthwhile human beings."

With a commitment to teaching trainees as well as dedication to his patients, Dr. Gordon Stahl has shared his expertise with residents in the International Medical Graduate (IMG) program as well as the UBC Family Practice program. As a volunteer, he invited IMGs looking for experience of the Canadian medical system into his practice over the years, enabling many of them to enter residency training and become family physicians.



BCCFP Teacher of the Year

Dr. Marla Gordon, Vancouver

Dr. Marla Gordon

"We need more teachers like Marla. With her passion and enthusiasm for elder care, she is drawing attention to an area of great need and showing younger physicians like me the joys, rewards, and deep satisfaction of serving and bringing quality of life to our patients and their families."

Dr. Marla Gordon has been a pioneer in teaching residential care and elder care to medical students and residents for more than 15 years, initiating and coordinating a Residential Care elective to inspire other physicians to join the field. Among her administrative and clinical roles, Dr. Gordon is Physician Operations Leader for Residential Care at Providence Health Care and a medical coordinator at several Providence elder care sites.



BCCFP Exceptional Contribution in Family Medicine

Dr. Kevin Shi, Vancouver

Dr. Kevin Shi

"Dr. Shi possesses unique qualities that make him both an exceptional physician as well as a competent teacher in Family Practice. He has a well-grounded knowledge of clinical medicine and he is gifted in instilling the principles of evidence-based practice to his students."

As well as his role as a family physician in Vancouver, Dr. Kevin Shi is Head of Emergency at Delta Hospital and a committed, gifted teacher. An eternal scholar, he also dedicates many hours to teaching residents. His teaching accomplishments include spearheading the Simulation Lab curriculum at St. Paul's Hospital and serving as a core preceptor for residents opting for an Emergency rotation at Delta Hospital.

BCCFP Awards

BCCFP thanks everyone who contributed to the 2015 award nominations. Some of your words are included above. For information about next year's awards, please visit our [website](#).

FAMILY PHYSICIANS OF THE FUTURE



Every year, BCCFP provides scholarship awards for up to three residents in the UBC Family Practice residency program and two fourth-year medical students entering the program. Congratulations to Dr. Adam Jones-Delacorde, who received the 2015 Dr. Manoo and Jean Gurjar Resident Scholarship Award, and Dr. Stuart Gray, the BCCFP Resident Leadership Award. The two BCCFP Medical Student Scholarship winners are Dr. Elisa Assadi and Dr. Rosie Hsu, who recently entered the UBC Family Practice residency program.



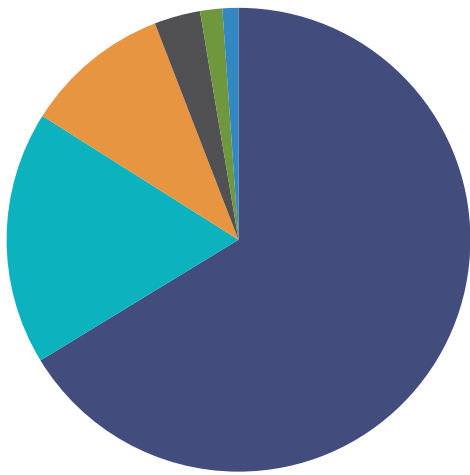
BRITISH COLUMBIA COLLEGE OF FAMILY PHYSICIANS

Statement of Operations Year Ended June 30, 2015

	General Fund	CME Reserve	2015	2014
Revenues				
Membership dues	\$ 660,734	\$ 0	\$ 660,734	\$ 593,840
Registration	0	176,136	176,136	138,580
Accreditation	101,379	0	101,379	110,973
Exhibit	0	31,981	31,981	13,217
Interest	15,428	0	15,428	5,527
CFPC transfer payments	11,076	0	11,076	60,825
	788,617	208,117	996,734	922,962
Expenses				
Wages and benefits	273,067	0	273,067	273,154
Honoraria	174,445	46,430	220,875	243,901
Food and beverage	47,444	90,662	138,106	100,442
Office	56,440	20,659	77,099	74,265
Professional fees	50,098	0	50,098	23,756
Audiovisual	3,819	41,780	45,599	29,563
Advertising	41,410	214	41,624	40,119
Travel	33,217	7,541	40,758	52,561
Consulting	37,202	0	37,202	32,447
Rent	29,282	0	29,282	27,962
Unrealized loss on investments	13,412	0	13,412	0
Telephone	5,597	312	5,909	4,956
Sponsorship, awards and donations	2,647	0	2,647	22,565
Bank charges and interest	405	0	405	2,018
Research awards	0	0	0	15,000
Amortization	9,143	0	9,143	11,215
	777,628	207,598	985,226	953,924
Excess (Deficiency) of Revenues over Expenses	\$ 10,989	\$ 519	\$ 11,508	\$ (30,962)

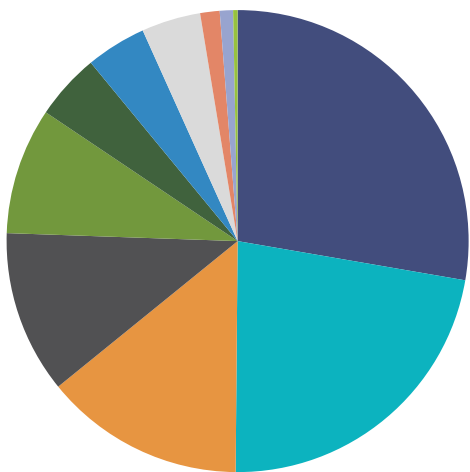


REVENUE BY SOURCE 2014-15



Membership	\$ 660,734	66%	
Registration	176,136	18%	
Accreditation	101,379	10%	
Exhibit	31,981	3%	
Interest	15,428	2%	
CFPC transfer payments	11,076	1%	

EXPENSES 2014-15



Wages and benefits	\$273,067	28%	
Honoraria	220,875	22%	
Food and beverage	138,106	14%	
Office (including rent and phone)	112,290	11%	
Professional fees/consulting	87,300	9%	
Audiovisual	45,599	5%	
Advertising	41,624	4%	
Travel	40,758	4%	
Unrealized loss on investments	13,412	1%	
Amortization	9,143	1%	
Sponsorship, awards and donations	2,647	0.3%	
Bank charges and interest	405	0.04%	*

* too small to represent in chart



BC College of Family Physicians

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